



A NEWSLETTER FOR FRIENDS AND FAMILY

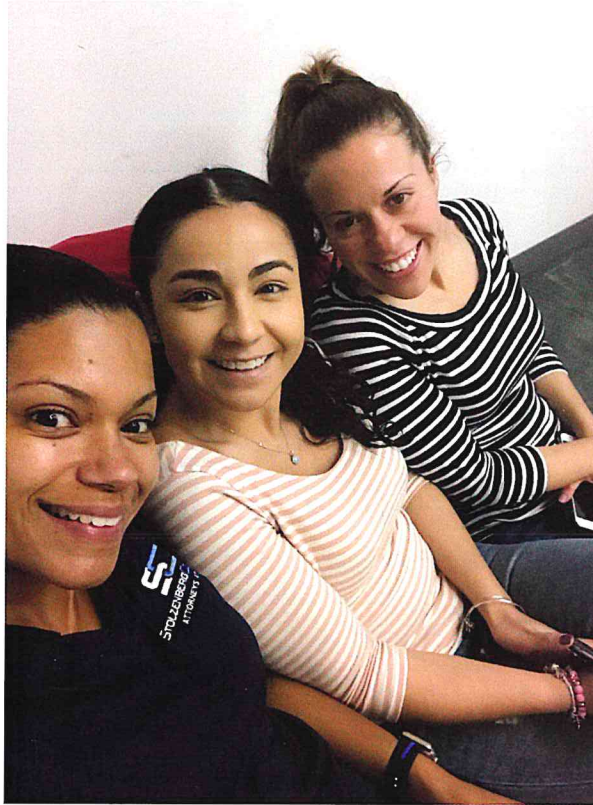
March 2018

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**Serious Lawyers
for Serious
Injuries**


International Women's Day



Every year the month of March is dedicated to Women all over the world that have devoted their lives to make an impact in history. The theme for International Women's Day, March 8th, is "Time is Now: Rural and Urban activists transforming women's lives".

This year, International Women's Day comes on the heels of unprecedented global movement for women's rights, equality and justice. Sexual harassment, violence and discrimination against women has captured headlines and public discourse, propelled by a rising determination for change.

Here at StolzenbergCortelli, LLP we are proud of the firm's accomplishments and we know we could never get these things done without the help and support of the strong, powerful, and independent women of this firm: Isabel, Carmen and Tania. Isabel

and Carmen have been with us from the beginning, and have learned the ins and outs of what makes us successful on a daily basis. They know important details of each and every one of our clients and their cases which contributes to the many reasons they are considered to be great leaders. The successes of this firm are built upon the dedication and commitment of Isabel and Carmen. We also honor Tania, who has been with us for a little less than a year but with her background and experience in this business, is shaping up to fit a similar role as Isabel and Carmen. We take this time to honor all of the women that belong to the StolzenbergCortelli LLP family and the women that belong to our client's families. We thank you for all you have done. 

A REFERRAL FROM YOU IS OUR HIGHEST COMPLIMENT

A referral from our valued clients, friends, family and fellow attorneys is the highest compliment we can receive. If you know of someone who can benefit from our services at StolzenbergCortelli, LLP, please let us know. Call Us Today.


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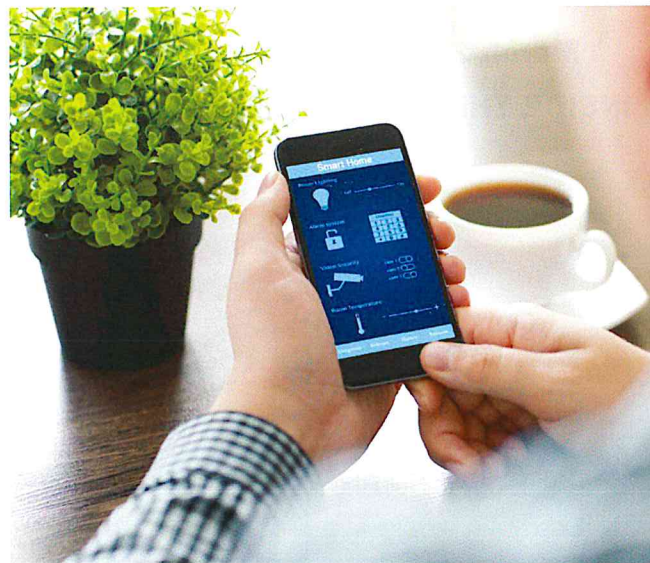
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Recent Verdicts and Settlements

- \$225,000 – for an elderly woman who tripped and fell on a defective sidewalk in her apartment complex in Westchester, New York; she fractured her wrist.
- \$175,000 – slip and fall on snow and ice while delivering pizza; fractured ankle; the insurance carrier disputed coverage because the claim was never reported until a year after the accident;
- \$92,500 – pedestrian knockdown; leg fracture; defendant alleged our client walked into traffic;
- \$90,000 – hit from behind on the Tappan Zee Bridge; neck, back, shoulder and knee complaints; defendant complained the accident was just a “tap”. 

Technology to Help the Elderly


Many times, high-tech gadgetry is thought to be the domain of the young, but there is an abundance of devices and gadgets to aid the lives of seniors—and give peace of mind to their loved ones.



Connected smart-home devices enable loved ones to monitor an aging parent from far away. Sensors can alert a family member or doctor if something is amiss in an elderly person's daily routine – the person hasn't gotten out of bed, has been in the bathroom for over an hour, medication has been skipped, and so forth. There are even shoes with an implanted GPS chip; if a person in the early stages of dementia wanders beyond a certain perimeter, a caregiver will be alerted.

Smartphone apps afford loved ones the opportunity to control an aging parent's security systems, thermostats, and kitchen electronics from remote locations. There are also biometric gadgets that can monitor a person's blood pressure, blood sugar, heart rate, and cholesterol levels, reducing stressful visits to the doctor's office or hospital.

The field of robotics is advancing quickly, giving seniors more control over their environment and providing assistance for tasks that extend beyond their normal capabilities.

New technology can keep seniors safer, enable them to stay independent longer, and reduce anxiety among other family members. It's not just a young person's world. 



March 2018 Important Dates

- March 2** Employee Appreciation Day
- March 8** International Women's Day
- March 11** Daylight Savings Time Begins
- March 17** St. Patrick's Day
- March 20** First Day of Spring
- March 25** Palm Sunday
- March 30** Passover Begins / Good Friday

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Terry's Irish Shepard Pie

Ingredients:

- 1 teaspoon black pepper
- 1 lb ground beef or 1 lb lamb
- 1 large onion, finely diced
- 3 -4 large carrots, finely diced
- 1 cup frozen peas
- 3 -4 sprigs fresh thyme, finely chopped
- 2 tablespoons flour
- 1 tablespoon butter
- 1 glass red wine
- 2 tablespoons tomato paste
- 2 tablespoons Worcestershire sauce
- 1 cup chicken stock
- 1 large quantity mashed potatoes (Approx. 6 Cups)
- 1 egg, beaten
- grated parmesan cheese (optional)

Directions:

- Preheat oven 200 C/ 400 F
- Sauté carrots in olive oil until tender
- Add onions & continue sautéing for 1 min then add meat of choice
- Season with black pepper & thyme
- Cook until brown then drain fat
- Add butter & peas
- Sprinkle with flour & stir thoroughly
- Add tomato paste, wine, & Worcestershire sauce
- Reduce slightly & add chicken stock, reduce down to thick meaty gravy
- Remove from heat. Grease an oven proof dish with butter and add the sauce
- Spoon or pipe the mashed potatoes over the top. Brush with egg and sprinkle with Parmesan cheese if using.
- Bake for about 20 minutes or until the potato is nice and browned on top.
- Serve as is or with some crusty bread to mop up that yummy sauce! 



Congratulations to Tommy Cortelli
 who played for Team Doritos at the International Quebec Hockey Tournament this past February.
 It's one of the oldest hockey tournaments in the world and NHL greats have played in it including Wayne Gretzky and Mario Lemieux.

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The StolzenbergCortelli LLP Family

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Vehicular Accidents and Spinal Cord Injuries

The spinal cord is the central support for the body's muscular system and relays the messages from the brain to the rest of the body. Any injury to this vital body part can be devastating.

The number one cause of spinal cord injuries, accounting for more than 40 percent, is motor vehicle accidents. High-impact accidents can fracture, dislocate, crush, or compress one or more of the vertebrae of the spinal cord. When bits of bone tear into the tissue embedded in the spine, the nerves are damaged.

This damage may lead to full or partial paralysis, respiratory difficulty, circulation problems, muscle tone deficiency, problems with bladder or bowel control, poor sexual health, and greatly diminished skin sensation. Chronic muscle and joint pain, as well as depression, may also result.

Sadly, many of these injuries will need to be dealt with every day for the rest of a person's life. Round-the-clock care for a stretch of time – if not permanently – is necessary for some. Surgeries, rehab, and medication may disrupt one's life, too. Everyday activities prior to the accident may now be impossible or greatly complicated.

It goes without saying that immediate and long-term loss of earnings is a distinct possibility. Don't let financial worries exacerbate an already challenging situation. If you are the victim of a spinal cord injury via an auto accident that was the fault of another, contact an experienced auto accident attorney to safeguard your rights. Your attorney can file an injury claim to alleviate your financial concerns and also compensate you for mental and emotional suffering, enabling you to focus on what's most important—your health. 

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